## Introduction

The Rittenhouse Spa & Club – Hair by Paul Labrecque is a beautifully designed health and wellness urban retreat right in the heart of downtown Philadelphia. Step inside this unique oasis to explore the spectacular spa, health club, pool and salon; the city's largest beauty and wellness destination. Offering the very latest treatments, techniques and world class products, The Rittenhouse Spa & Club combines luxury wellness with the impeccable service and standards found at this prestigious Five Diamond hotel.

## THE SPA

The Spa is a haven of ultimate relaxation overlooking the treetops of scenic Rittenhouse Square. Made up of ten treatment rooms, the spa most notably features a room specifically designed for couples, and the Spa Suite, a distinct retreat that can accommodate groups of up to eight, making it the perfect spot for chic celebrations and gatherings. The Rittenhouse Spa uses only the top line skincare products, and is the exclusive carrier of Natura Bisse and Tata Harper in Philadelphia.

## THE SALON - HAIR BY PAUL LABRECQUE

"Simple, sexy, sophisticated." The Paul Labrecque philosophy underscores his forward thinking vision for natural beauty. Recognized as one of the Top 3 Stylists in the country by *Vanity Fair*, Paul has brought his first salon outside of Manhattan exclusively to The Rittenhouse. Creativity and personalized attention are at the heart of both the stylish women's salon and the modern, sophisticated men's barber shop.

#### THE CLUB

Featuring some of the most coveted top-tier fitness equipment such as RealRyder and Peloton bikes, the club also offers a varied program of classes and activities, including yoga, cardio dance, and club barre in addition to individual and small group personal training. Sauna and steam rooms in the exquisitely designed men's and women's locker rooms are complemented by the sun-filled atrium, sparkling indoor pool and relaxing outdoor terrace. The luxurious amenities at The Rittenhouse Club allow members and guests to balance all of their fitness and wellness needs.

## **SKINCARE**

Enjoy skin care treatments that contribute to health, well-being and a relaxed state of mind, taking care of you and the environment by using 100% natural, safe and non-toxic ingredients. Tata Harper and Natura Bisse, our partners in skincare, have proven results using the latest biocompatible treatments made with superior ingredients.

## NATURAL

Duration: 60/90 mins

Smooth, firm and lift your skin using natural ingredients that repair at a cellular level. The infusion of botanical vitamins, minerals, omegas and antioxidants naturally provide environmental protection and nutrition to help the skin achieve a healthy glow. Using one-of-a-kind formulas developed and manufactured by Tata Harper, these facial treatments use only those ingredients that have a specific purpose and are proven to deliver results. This classic facial is ideal for all skin types.

### **DETOX**

Duration: 60 mins

Find respite and calm for your skin as our light-as- air formula penetrates the skin and releases pure 0x2cygen® molecules into the epidermal layer. Reenergizing natural cellular functions and eliminating toxins, this detox treatment targets skin that has become congested due to exposure to toxins from frequent flying, smoking or the airborne impurities that our skin comes into contact with in big cities. This is an ideal first time facial.

## VITAMIN C

Duration: 60 mins

Combat the signs of premature aging and the problems of sun-damaged skin with pure Vitamin C. After your skin is saturated with essential vitamins and nutrients, including a highly concentrated Vitamin C Serum, you will emerge nourished and calm. With most people seeing immediate results this is a must-have facial if you have a special day ahead.

## **EXPRESS**

Duration: 30 mins

Refresh your skin with this brisk pick-me-up facial treatment by incorporating the latest trends in aesthetic medicine and natural skin care in the briefest of visits to the Spa.

## SKINCARE (CONTINUED)

## **HYDRAFACIAL MD®**

Duration: 30/60/90 mins

The HydraFacial is a non-invasive, non-surgical procedure that delivers instant results with no discomfort or down time. This resurfacing treatment, combined with LED light therapy, immediately reduces the look of lines, wrinkles, uneven skin tone, acne, hyper-pigmentation and congested pores. Treatments are available in 30, 60 or 90 minute increments. Please ask about our series packages for the most luxurious and effective results.

Specialized treatments to complement facials. You can add any of the following to the end of one of our treatments:

## **HEALTHY EYES**

Duration: 15 mins

Illuminate your tired eyes. A dramatically effective treatment that utilizes high concentrations of marine seaweed to help improve toxin drainage from the eye contour area. As a result, puffiness is reduced and the appearance of dark circles is diminished. In addition, there is a visible reduction of fine lines and wrinkles, and restored moisture and elasticity. This treatment can be added to any facial for optimal results.

## LIP SMOOTHING

Duration: 15 mins

Erase the signs of aging from these delicate areas. An intensive repair treatment formulated to restore firmness around the delicate lip areas. This anti-wrinkle treatment infuses amino acids of collagen and elastin, directly into the skin. The result is a visible reduction of fine lines and wrinkles, and restored moisture and elasticity. This treatment can be added to any facial for optimal results.

## MASSAGES

We all strive to float amidst the chaos of everyday life. Every now and then, it's nice to know you can get a little help to achieve a state of calm. The Rittenhouse has created a peaceful, quiet environment in which you can enjoy our massage options.

## THE RITTENHOUSE

Duration: 60/90 mins

This specially created customized massage uses a variety of carefully chosen aromatherapy oils and relaxing massage techniques.

This special customized massage is also available as a couples massage in the discrete comfort of the Spa's couple's suite.

## MOTHER TO BE

Duration: 60/90 mins

This carefully prepared pre-natal massage will pay special attention to both your comfort and your stage of pregnancy.

Our Mother to Be massage is offered during the last two trimesters of pregnancy.

## THE QUARTET

Duration: 60/90 mins

Two therapists perform a simultaneous choreographed massage. The rhythm and movement of four hands is certain to induce a restful state and lasting calm.

#### REFLEXOLOGY

Duration: 30/60 mins

This popular Chinese technique stimulates pressure points by focused massage on the head, hands and feet to relieve tension and restore a smooth energy flow throughout the body.

A reflexology session for feet only lasts 30 minutes.

#### ΤΗΔΙ

Duration: 60/90 mins

Traditional Thai Massage combines pressure points and yogic stretching to open up the body - both physically and energetically. Often referred to as 'lazy man's yoga, our Thai massage is done Eastern Style, on a floor mat and without oils.

For this massage, we ask that you wear loose, comfortable clothing.

## MASSAGES (CONTINUED)

## **BACK. SHOULDERS & NECK**

Duration: 30 mins

Delivered in just half an hour, this wonderful massage targets areas of specific concern most frequently affected by the stresses of day-to-day life. Rejuvenating and simple, this is a perfect get-relaxed-and-go massage.

#### IN-SUITE MASSAGE

Duration: 60/90 mins

We can offer you a customized massage in the comfort of your room. Just call the Spa to discuss your requirements and we'll arrange a convenient appointment time.

## HOT STONE MASSAGE

Duration: 60/90 mins

The Stone Massage is perfect for anyone with overly stressed and sore muscles. The soothing heat from the stones allows your muscles to release tension, toxins and enhance the deepest form of relaxation.

## Optional add-on to any full-length treatment:

#### SCALP MASSAGE

Duration: 15 mins

Why let the hair salon be the only place you get experience the wonderfully calming effects of an expertly given scalp massage. You can add one at the end of any of our massages to round off your Spa experience with a flourish.

## **BODY TREATMENTS**

Blending the best of science and nature to deliver exceptional results.

## AGELESS BODY

Duration: 90 mins

Exfoliate to reveal soft and renewed skin. After a gentle dry brushing, a pink clay and grapefruit exfoliating treatment is applied. While your body is cocooned in a hydrating mask, a hair and scalp treatment is gently massaged in and when you're fully relaxed we treat your body to a full massage.

## **DETOX MARINE ALGAE WRAP**

Duration: 60 mins

Help your body release the bad and take in the good. The Detox Marine Algae Wrap uses marine algae to eliminate toxins from your body. The session includes a Bamboo Scrub to exfoliate your skin and prepare it for treatment and then a detoxifying, algae cocktail mask is applied throughout the body. A warm cocoon helps the seaweed's rich array of minerals, vitamins and enzymes to penetrate your pores and nourish your skin. A final application of moisturizing cream fully decongests the area leaving you and your skin refreshed and purified.

## CITRUS DRENCH

Duration: 60 mins

Drench your skin with energizing nutrients helps to prevent premature aging and offers protection from dryness. Using natural ingredients such as crystallized honey, shea butter and orange juice, this treatment restores elasticity while providing increased hydration and glowing results.

## **BODY TREATMENTS** (CONTINUED)

## **HONEY SCRUB**

Duration: 30 mins

Crystallized honey particles tenderly exfoliate your skin, removing accumulated dead skin cells and impurities. As the honey crystals melt the luxurious cream that is remaining is then gently massaged into your skin. This wonderful treatment is finished with an application of a highly nutritive C+C Vitamin Body Cream. Simply sumptuous.

#### INFINITY SUN SPRAY TAN

This anti-aging airbrush tan is an all-natural sunless tanner made with antioxidants and pure botanicals that will leave your skin with a natural-looking golden brown glow. With 30 levels to choose from you will be sure to have a complete customized beautiful tan in minutes that will last for 7 to 10 days with proper maintenance.

## CUSTOM AIRBRUSH SPRAY TAN

Duration: 30 mins

# CUSTOM AIRBRUSH SPRAY TAN WITH PINEAPPLE ENZYME EXFOLIATING TREATMENT

Duration: 60 mins

## GENTLEMEN'S TREATMENTS

Are you a Philadelphia gentleman, a weary traveller, or a sportsman who's feeling the strain of victory? Maybe you're all three? Either way, we've got you covered. Our specially created selection of treatments, massages and experiences for gentlemen will take care of your skin, nails and aching muscles.

## JET LAG RECOVERY & RECHARGE

Duration: 60 mins

This massage is the perfect marriage of Western physiological massage with Asian energy stimulation. Physiological massage movements will be delivered with medium to strong pressure while energy balancing movements will be delivered in a soothing and fluid manner. This type of massage will help increase both venous and blood circulation and is recommended for pre and post travel. If combined with light chromotherapy, the effect from this treatment can last for weeks.

## **BLACK DIAMOND EXPOLIATION**

Duration: 60 mins

Exfoliation is an essential step in the ritual of maintaining a clean complexion. Diamond dust is one of the rare ingredients able to penetrate a man's hair growth area on the face in order to achieve results. The procedure uses cultured black diamonds, combined with nutrient rich silver spheres, mixed with a special cleanser. The level of fusion of these ingredients depends on the thickness or coarseness of the man's beard. These effective ingredients are then massaged into the skin before a black silt mask application is applied. The entire process removes dry, dead skin, leaving a clean, healthy, recharged complexion.

## **BACK SCULPTURE**

Duration: 60 mins

What most men consider the most neglected, yet considerably important area to keep in top form. The entire back area will be thoroughly cleansed, toned, and exfoliated, after which extractions will take place if needed. Hydrating essential oils in a vegetal base will be applied and massaged into the skin, followed by an application of a bioactive sea silt mask and finishing with a hydrating and sebum balancing lotion.

## GENTLEMEN'S TREATMENTS (CONTINUED)

## **EYE GROOMING**

Duration: 20 mins

This treatment has been specifically designed to rejuvenate tired and overworked eyes. The area will be gently cleansed and heat compresses will be applied to alleviate dryness and promote relaxation. A hydrating mask will be applied, while specific acupressure points around the eyes are stimulated resulting in a visible toning effect.

## HAND GROOMING

Duration: 45 mins

This treatment focuses on a man's hands and arms. Designed for keeping a firm and presentable hand shake as well as relieve pain caused by extensive laptop use, the treatment uses in depth reflexology on the forearm, wrist and hand. A hydrating sea silt mask process is applied to clean and repair the hands. Cuticles and nails will then be trimmed and buffed before a hydrating finishing cream is applied.

## **FOOT GROOMING**

Duration: 45 mins

For athletes or men on their feet all day, this ultimate pedicure includes cleansing of the feet, black diamond exfoliation, reflexology and an in depth foot and ankle massage. A hydrating sea silt mask will be applied, cuticles and toenails will be trimmed and buffed and a hydrating cream will round out the treatment, all to improve a man's performance on his feet

## THE GENTLEMAN'S ULTIMATE TREATMENT EXPERIENCE

This unique experience, exclusive to The Rittenhouse, brings together all of our gentlemen's treatments in one all-day package, for the optimal levels of rest and relaxation. You can also choose to add an old-fashioned shave, a glass of the finest scotch and a good cigar to round out this gentlemen-only experience.

## SPA PACKAGES

## TOP TO TOE

Ageless Facial Classic Mani & Pedi Blow out

## NATURAL BALANCE

Natural Facial Citrus Drench Body Treatment Classic Mani & Pedi Blow out

## **ENLIGHTENMENT**

Customized Massage Ageless Body Treatment Detox Facial

#### THE POLISHED GENT

Back Sculpture Hand & Foot Grooming Hot Shave

#### TIME TOGETHER

Side by side customized massage Choose an aromatic scrub applied in the Spa's luxurious steam shower Blow out and/or hot shave

Enjoyed in our exclusive suite designed especially for couples.

## WEDDING PACKAGES

## **ESSENTIALS FOR BRIDES**

Express Facial Brow Shaping French Manicure/Pedicure

## **ESSENTIALS FOR GROOMS**

Therapeutic Massage Classic Manicure Barber Shave

## ESSENTIALS FOR BRIDESMAIDS

Brow Shaping
Express Manicure/Pedicure

## WEDDING PACKAGES (CONTINUED)

## RADIANT BRIDES

Bridal Hair & Make Up (includes trial)
French Manicure/Pedicure
Complimentary Spa Gift

## HONEYMOON BLISS

Couples Massage DIY Couples Shower Experience Complimentary Bottle of Champagne Complimentary Spa Gift

## PRE WEDDING BRIDAL HAIR & MAKE-UP

## DAY OF BRIDAL HAIR & MAKE-UP

## **BRIDAL BOOT CAMP**

Any bride will tell you that it makes a big difference to feel good ahead of the big day? Why not join us for fitness classes, cardio workouts, strength training and personal training sessions to be in the best shape of your life prior to the big day. Our Wedding Coordinator can also bring together a treatment plan for you at The Rittenhouse Spa complete with facials, body treatments, waxing and hair and nail care.

#### BACHELORETTE PARTIES & BRIDAL SHOWERS

You can speak to our Spa Wedding Coordinator about personalizing your pre-wedding party. We can combine treatments to create a package designed especially for you. What's more? For privacy, you can bring your party to our special spa suite or we can bring the spa services to your guest room.

#### WEDDING GIFTS

Need a special present or a basket of gifts for your bridal party? Let the Spa's retail specialists put together a unique gift package for each of your guests to commemorate your day and say thank you to those who shared it with you. You can purchase a special gift certificate too.

All spa packages include a complementary make-up touch up.

## NAIL SERVICES

Celebrating quality and healthy nail care our partner Deborah Lippmann, the world's go-to manicurist, omits tuloene, formaldehyde, DBP or any product that required animal testing.

## SIGNATURE MANICURE

Duration: 50 mins

This luxurious manicure includes detailed cuticle care, a warming micro exfoliation and hand massage and is finished with a long wearing couture nail color.

## SIGNATURE PEDICURE

Duration: 50 mins

This lavish pedi includes cuticle care, a warming micro exfoliation and soothing massage and is finished with a long wearing couture nail color that will make your toes shine and leave them perfectly polished.

#### CLASSIC MANICURE AND PEDICURE

Manicure Duration: 25 mins Pedicure Duration: 50 mins Enjoy a restful aromatic soak followed by nail grooming, shaping and buffing and finish off with your choice of nail color in this classic experience for your tired hands or feet [or both!]

#### FRENCH MANICURE AND PEDICURE

Manicure *Duration: 50 mins* Pedicure *Duration: 50/90 mins* Our classic manicure and pedicure is finished in style with a Parisian polish.

Add-ons to complete your nail services. You can add any of these to your manicure or pedicure:

#### PARAFIN WAX TREATMENT

Duration: 15 mins

## **GLYCOLIC ANTI-AGING HAND TREATMENT**

Duration: 15 mins

## **GEL LAB**

Duration: No additional time

A new, healthy alternative to gel manicures, this unique formula of base coat and topcoat mimics the cushion-like texture and glossy finish similar to a gel manicure. There are no lamps, no tools and no damage to nails.

## Salon Services by Paul Labrecque

## WOMEN'S CUTS

HAIR CUT BLOW OUT STYLE UPDO

## HAIR COLOR

SINGLE
HIGHLIGHTS / BALAYAGE
COLOR CORRECTION (Upon consultation)

## **EXTENSIONS**

Available upon consultation.

## SCALP TREATMENTS

## MINERAL MUD MOISTURE BOOSTER

Duration: 15/30 mins

Our Moisture Mud brings trace minerals back to your hair. A Dead Sea mud and seaweed extract formula is massaged deep into the roots to repair the hair shaft. Hair is left healthy, shiny, soft, and manageable.

#### LEMONGRASS DEEP HAIR CONDITIONER

Duration: 30 mins

Rejuvenate your hair and scalp with this deep conditioning treatment. Relax as we massage away head and neck tension. The hair and scalp are deeply cleansed and nourished with scalp revitalizer and lemongrass oil leaving your hair and scalp soft, shiny, and manageable.

## MINT MENTHOL SCALP REVITALIZER

Duration: 15 mins

Relieve your itchy dry irritated scalp with this therapeutic eucalyptus menthol mask treatment. Enjoy an invigorating head and scalp massage with a specially formulated cool eucalyptus menthol peppermint mask designed to cleanse, treat dry scalp, improve circulation and condition damaged hair. Leave with properly moisturized hair & scalp and a tingling refreshing feeling lasting all day long.

## Salon Services by Paul Labrecque

## BARBER SHOP

## MEN'S HAIRCUTS HOT SHAVES

## Sports

Sit back and enjoy an old fashion shave. We'll pamper you with steaming towels, a facial massage, and the straight edge removal of those unwanted whiskers.

## Premier

Step up to a premier shaving experience. A straight edge razor foam shave. After a towel steam and the removal of the unwanted hair, we cool your skin down with a refreshing facial mask, making your skin feel baby soft, a soothing eye mask and a relaxing facial massage for the premier experience.

## Indulgent

Indulge yourself with the ultimate shave. Start with a hot towel steam, straight edge razor foam shave, then a soothing eye mask, relaxing face massage and a rejuvenating facial mask. While your mask is sitting we add a 10-minute lemon-grass scalp massage, that will send you off to heaven. This is the ultimate shave experience!

## MAKEUP SERVICES

MAKEUP APPLICATION
MAKEUP LESSON
FALSE EYELASHES
FALSE EYELASHES W/ MAKEUP APPLICATION
EYELASH EXTENSIONS

#### Appointments and Reservations

We strongly recommend that you schedule spa appointments prior to your arrival at the Spa. Reservations are subject to availability.

#### Cancellation

Treatment times are reserved especially for you. We kindly request that cancellations or changes to appointments be made at least 24 hours in advance for single services and 7 days in advance for multiple treatments. A 50% charge will be applied to your credit card for failure to follow this policy. No show appointments will be charged in full.

## Do you have special health considerations?

Please notify our reservation department if you have high blood pressure, allergies, any physical ailments or special needs, if you are pregnant or have any other health considerations that would affect your choice of services. This information will also be completed on your Personal Care Guide upon arrival at the Spa.

#### Arrival

We suggest that you arrive 30 minutes before your appointment time to check in, change into a robe and slippers and allow yourself some time to relax in our steam room or sauna.

#### Late Arrival

As a courtesy to guests that immediately follow your own appointment, late arrivals will only receive the remaining available appointment time and will be charged the full service fee.

## Do you need help choosing your treatment?

Our spa reservation team will help you plan the perfect spa experience based on your specific needs.

#### What should you wear?

A robe and slippers will be provided for you upon arrival to the spa. Disrobe to the level of your comfort. Undergarments are not necessary, but you may wear them during your treatment if you prefer. Our licensed therapists are trained to drape a sheet or towel over your body in a discrete manner, assuring your privacy at all times. For facials, we provide body wraps to cover the lower and upper half of your body.

## Should you shave before a treatment?

Shaving is not recommended prior to any body exfoliation treatments or hair removal services. We do, however, recommend that MEN SHAVE 2 HOURS PRIOR to their scheduled facial treatment.

## Is there an age requirement to use the spa?

All spa guests must be 16 or older to schedule a treatment. Younger guests will need to have a parent present for their treatment.

#### Cellular Phones

In consideration of our other guests, we ask that you turn off your cell phone and/or pager before entering the spa.

#### How are payment and gratuities handled?

We accept all major credit cards and traveler's checks. For your convenience a 20% service charge is added in your spa service but may be adjusted at your discretion.

#### Are Gift Certificates available?

Spa Gift Certificates are a convenient way to give the gift of health, relaxation and beauty to the special people in your life. Gift certificates may be purchased at the front desk or by phone and may not be redeemed for cash; only for product and services.

#### Groups

We will be more than happy to assemble a group of services that fit any personality or special occasion.

#### Valuables

The Spa is not responsible for damage to or loss of your personal belongings. Our recommendation is not to bring valuables to the spa.

Notes	